

WKB GÓRA KALWARIA CUP 2020
GÓRA KALWARIA (Poland), Saturday 04th April 2020

1. Notice
2. General information (terms of participation, categories, application)
3. Kata – categories and rules
4. Kumite Semi Contact – Tournament of Orange Belts - competitors borned in 2007 and younger – categories
5. Kumite Semi Contact for advanced participants - from 8th kyu, up to 18 years old – categories
7. Rules for Kumite

// 1. Notice //

1. Separate categories for those who have orange belts and are born in 2007 and younger.
2. Full contact categories will be carried on even if there are only two competitors in a category. In this case, the fights will be conducted according to the Super Fight system.
3. The tournament will be carried in all age categories, according to unabridged kyokushin regulations. For details see art. 7 RULES FOR KUMITE.

4. A certificate of physical examination issued by a sports physician is UNQUESTIONABLY REQUIRED in all age categories for underage competitors, as well as a parent's consent and a declaration about having a valid a physical examination by a sports physician. Competitors from outside Poland sign a declaration and present a medical certificate according to regulations in force in their country.

5. A headgear with a face cage is obligatory in age categories for underage competitors.

6. Application deadline is 29th March 2020 (Sunday) - registration through the registration panel available from 01.03.2020 on the organizer's website www.karategorakalwaria.pl

7. The competitor will be automatically assigned to the advanced fighter category, if he or she does not report the level of advancement in the application form

8. The administrator reserves the right to change a division into age and weight categories, so it is essential to declare the exact weight (1 kg accuracy) of a competitor in the application form.

9. THERE IS AN OUTRIGHT BAN ON ENTERING THE HALL IN HIGH HEELS and other shoes which may damage a floor in the hall. Without changing of shoes, an entry only to an audience will be admitted.

The administrators of the tournament ask to read carefully the announcement and wish you sports success and a pleasant stay in Góra Kalwaria

// 2. General information //

1. Tournament organizer:

UKS FIGHTERS DOJO GÓRA KALWARIA
Sobików 28e
05-530 Góra Kalwaria

2. Time and place:

Saturday 04th April 2020

**Hala Sportowa ul. Porucznika Jana Białka 7 w Górze Kalwarii
Góra Kalwaria (placed near Warsaw)**

3. Participation:

Teams from all clubs invited by the Administrator of the Tournament, that consist of any number of competitors can participate in the tournament, regardless the organization they are in.

Competitors, who are allowed to take part in matches, are obliged to have:

- **Medical certificate permitting to practice karate, issued by a sports physician.**
- Clean, white karate-gi.
- Complete set of obligatory protectors required for a chosen category.
- Adult competitors – a statement of acceptance of the tournament regulations, confirmation about having medical certificate on the ability to practice karate issued with applicable regulations, and a statement concerning rights to personal image (according to an enclosed form).
- **Under age person – a written parent's or legal guardian's consent to take part in the tournament and** , confirmation about having medical certificate on the ability to practice karate issued with applicable regulations **(according to an enclosed form). A competitor without the consent is automatically excluded from a KUMITE SEMI-CONTACT competition.**
- Fighters from outside the European Union must to have an insurance policy covering the costs of possible treatment in Poland, including injuries arising from the start in the karate competition.

Each team is obliged to name a referee for matches. The referee should have a full referee's garment (a white shirt with long sleeves, a navy blue tie, grey or black trousers and a whistle. Since the tournament will be carried on three or four mats, additional referees are welcome.

4. Competition:

The tournament will be carried according to: World Kyokushin Budokai rules and art. 7 the Rules for Kumite, in following competitions:

- **kumite semi-contact, from 10,1 kyu or 10 kyu to 9,3 kyu or 9 kyu (The Orange Belts Tournaments) for categories: Jungsters, Cadets, youger Cadets, Childrens.**
- **kumite semi-contact, for competitors under 18 years old, from 8,1 kyu or 8 kyu for categories: Juniors, younger Juniors, Yongsters, Cadets, younger Cadets, Childrens.**
- **kata - with a division on age categories, boys and girls categories**

Competitors pay 40 PLN (10 Euros). The payment includes a sandwich and a drink for a competitor. The participation fee should be paid in cash on the day of the tournament or earlier, by a bank transfer on an account **83 8003 0003 2001 0003 6861 0001** (please send proof of payment to the address karategorakalwaria@gmail.com).

6. Rewards and team score:

For first places on the Orange Belts Tournament, winners will receive a cups, medals and diplomas.

For the second and third places there will be medals and diplomas.

In the other categories for places first to third, winners will receive cups and diplomas.

Team score: 1st place – 5 points, 2nd place – 3 points, 3rd place – 1 points. Team score will be counted based on results in all categories of the tournament

7. Application

a) Application forms should be sent **LATEST 29th March 2020** (Sunday) until midnight in excel form which is attached to this announcement on email **karategorakalwaria@gmail.com**

b) Before the tournament, there will be a verification of all documents (ID cards with a photo, a medical certificates, parent'/adult competitors' consents), competitors' weight and whether they have obligatory sets of guards/protectors.

IN ORDER TO AVOID MISTAKES, APPLICATION ONLY VIA EXCEL FORM!

8. Schedule – Saturday 04th April 2020

08.00 – 9.00 verification of kumite competitors (all age categories)

09.30 consultations of heads of teams, announcing referees

10.30 kata tournament

12.00 official opening

12.30 kumite tournament of all categories

around 18.00 official end of the tournament.

The length of the event depends on the number of competitors.

9. Food:

A sandwich and a drink are included in the participation fee. There will be also a bar with snack. Also a treat for referees and judges is anticipated.

10. Accommodation:

Administrator will not provide lodgings. Nearby, there are hotels of different standard

for example :1. Koszary Arche Hotel-

2. Złote Runo

11. Insurance:

Competitors will not be insured by the Administrator. According to Polish law, the competitors' fighting clubs are obliged to provide insurance for them.

12. Change of shoes

There is an outright ban of entering the hall **IN HIGH HEELS** or other shoes which may damage a floor in the hall. Without changing shoes, an entry only to an audience will be admitted

13. Shop

There will be a shop, in which all obligatory guards and protectors will be available for purchase.

14. Final arrangements:

In all matters not mentioned in regulations above, the final decisions are made by the Administrator.

15. Additional information:

sensei Iwona Lewandowska tel. 533 666 502

// 3. Kata – categories and rules //

RULES OF KATA COMPETITION

The kata competition will be played by age for boys and girls in three rounds:

The first round- on points,

2nd round scored on points,

III final round on flags,

Age	1 round (points)	2 round (points)	3 round (flags)
8-11	Taikioku sono ni	Taikioku sono san, Pinan sono ichi	Kata that was not performed in the 2nd round
12-13	Taikioku sono san	Pinan sono ich, Pinan sono ni	Kata that was not performed in the 2nd round
14-15	Pinan sono ni	Pinan sono san, Pinan sono yon	Kata that was not performed in the 2nd round
16-17	Tsuki no kata	Gekisai sho, Tsuki no kata, Yantsu, Gekisai dai, Seinchin,	Kata that was not performed in the 2nd round

Children up to 7 years - separate category only I round - 4 first steps of Taikyoku sono ichi- only 1 round.

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// 4. Kumite Semi Contact – Tournament of Orange Belts, competitors borned in 2007 and younger – categories //

KUMITE SEMI-CONTACT CATEGORIES

Competitors will be divided into groups according year of birth
Weight categories may be changed, so please declare an exact weight.

Men:

- | | |
|-----------------------------|---|
| - youngsters borned in | 2007 - 2008 up to 35 kg, up to 40 kg, up to 45 kg, up to 55 kg, over 55 kg |
| - cadets borned in | 2009 - 2010 up to 30 kg, up to 35 kg, up to 40 kg, up to 45 kg, over 45 kg |
| - younger cadets borned in | 2011 - 2012 up to 25 kg, up to 30 kg, up to 35 kg, over 35 kg |
| - children (boys) borned in | 2013 and younger up to 25 kg, up to 30 kg, over 30 kg (category shared with orange belts) |

Women:

- | | |
|------------------------------|---|
| - youngsters borned in | 2007 - 2008 up to 40 kg, up to 50 kg, over 50 kg |
| - cadets borned in | 2009 - 2010 up to 35 kg, up to 45 kg, over 45 kg |
| - younger cadets borned in | 2011 - 2012 up to 25 kg, up to 30 kg, over 30 kg |
| - children (girls) borned in | 2013 and younger up to 25 kg, up to 30 kg, over 30 kg |

In the case of a large difference in years and weight, the organizer reserves the right to create a separate category for children 4-5 years old.

RULES OF KUMITE SEMI-CONTACT COMPETITION

The tournament will be played individually in a Cup's System. When there will be three competitors matches will be played in a system each fighter vs each fighter. A category may be combined with another if there will be fewer than three competitors. **Competitors from all age categories will be fighting according to semi-contact regulations stated in art. 7 RULES FOR KUMITE.**

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// 5. Kumite Semi Contact Advanced - from 8th kyu, competitors under 18 – categories //

KUMITE SEMI-CONTACT CATEGORIES

Competitors will be divided into groups according year of birth
Weight categories may be changed, so please declare an exact weight.

Men:

- juniors borned in 2003 – 2004 and people from the year 2002 who are under the age of 18 up to 60 kg; up to 65 kg; up to 70 kg; up to 75 kg; up to 85, over 85 kg
- younger juniors borned in 2005 - 2006 up to 45 kg, up to 50 kg, up to 55 kg, up to 60 kg, up to 65 kg, up to 70 kg, over 70 kg
- youngsters borned in 2007 - 2008 up to 35 kg, up to 40 kg, up to 45 kg, up to 55 kg, over 55 kg
- cadets borned in 2009 - 2010 up to 30 kg, up to 35 kg, up to 40 kg, up to 45 kg, up to 50 over 50 kg
- younger cadets borned in 2011 - 2012 up to 25 kg, up to 30 kg, up to 35 kg, over 35 kg
- children (boys) borned in 2013 and younger up to 25 kg, up to 30 kg, over 30 kg (category shared with advanced participants)

Women:

- juniors borned in 2003 – 2004 and people from the year 2002 who are under the age of 18 up to 55 kg, up to 65 kg, over 65 kg
- younger juniors borned in 2005 - 2006 up to 50 kg, up to 60 kg, over 60 kg
- youngsters borned in 2007 - 2008 up to 40 kg, up to 50 kg, over 50 kg
- cadets borned in 2009 - 2010 up to 35 kg, up to 45 kg, over 45 kg
- younger cadets borned in 2011 - 2012 up to 25 kg, up to 30 kg, over 30 kg
- children (girls) borned in 2013 and younger up to 25 kg, up to 30 kg, over 30 kg (category shared with advanced participants)

RULES OF KUMITE SEMI-CONTACT COMPETITION

The tournament will be played individually in a Cup's System. When there will be three competitors matches will be played in a system each fighter vs each fighter. A category may be combined with another if there will be fewer than three competitors. **Competitors from all age categories will be fighting according to semi-contact regulations stated in art. 7 RULES FOR KUMITE.**

SEMI KONTAKT

The ORANGE BELTS TOURNAMENT (10 and 9 kyu) will be played with the following division to age categories: Youngsters, Cadets, Younger Cadets, Children*.

The TOURNAMENT FOR ADVANCED FIGHTERS (8kyu and higher) will be played with the following division to age categories: Juniors, Younger Juniors, Youngsters, Cadets, Younger Cadets, Children*

*In the Children category, if the blue belt will be reported, will be attached to the orange belt category

Match duration:

CHILDREN, YOUNGER CADETS, CADETS:

1,5 minutes round -> 1,5 minute first playoff -> weight (more than 3 kg difference is decisive) -> 1,5 minute second playoff, after which a verdict must be reached.

YOUNGSTERS, YOUNGER JUNIORS, JUNIORS:

2 minutes round -> 2 minute first playoff -> weight (more than 3 kg difference is decisive) -> 2 minute second playoff, after which a verdict must be reached.

PROTECTORS:

THE ORANGE BELTS TOURNAMENT

<i>Category</i>	<i>Obligatory personal protectors</i>	<i>Obligatory protectors provided by Administrator</i>	<i>Advisable protectors, not obligatory</i>
Youngsters Cadets Younger cadets Children	- white shin&instep protectors - hand protectors - men - groin protector	- chest protector hogo - headgear with face cage	- women – groin guard - soft knee guards

THE TOURNAMENT FOR ADVANCED FIGHTERS

<i>Category</i>	<i>Obligatory personal protectors</i>	<i>Obligatory protectors provided by Administrator</i>	<i>Advisable protectors, not obligatory</i>
Juniors Younger Juniors Youngsters	- white shin&instep protectors - hand protectors - soft knee guards - men - groin protector - women –breast protector, separate plates (foamed plastic) and stretchy top	- headgear with face cage	- women – groin guard
Cadets Younger Children	- white shin&instep protectors - hand protectors - men - groin protector	- chest protector hogo - headgear with face cage	- women – groin guard - soft knee guards

Match duration:

For three and more competitors:

2 minutes round -> 2 minute first playoff → weight (more than 3 kg difference is decisive) -> 2 minutes second playoff, after which a verdict must be reached.

For two competitors: Super Fight

2 min **I basic round** (in case of an IPPONs or two WAZARIs the fight finishes before the time and there is no second round) -> verdict -> 2 min **II basic round** -> verdict -> SCORE RESULT (a number of wins in two rounds decides, and then weight - more than 3 kg difference is decisive) -> playoff 2 min after which a verdict must be reached. A break between first and second round is 30 seconds.

ALLOWED AND UNALLOWED TECHNIQUES IN FULL- AND SEMI-CONTACT COMPETITION

Allowed techniques:

- Hand techniques (seiken, hiji, tetsui) performed on chudan and gedan zones,
- All foot techniques performed on all allowed to attack body zones (including low kick, circular foot technics, a roundhouse kick ushiro-mawashi or jump kick tobi-geri and so-called "transfer technique" and foot techniques hiza-geri, mae-geri, yoko-geri and ushiro-geri to all body zones

Unallowed techniques:

- hand techniques (regardless the hit surface) on a jodan zone,
- techniques performed on a crotch, a knee or a spine
- head blows
- catching, pushing, throwing etc.

Additional information:

- a competitor who has scored a full point (Ippon) during the fight or has won half a point (waza-ari) two times, wins the fight before the end of regular time
- a competitor wins a waza-ari for performing a technique that had a visible impression on an opponent and caused his temporary inability to fight, for no longer than 3 seconds,
- a competitor wins an ippon for performing an allowed technique that had a visible impact on the opponent and caused his inability to fight for longer than 3 seconds.
- in an absence of wazari or ippon points or in case of a tie, the winner of a match is chosen by judges, on the basis of the overall fight image.
- in exceptional cases, the Chief referee of the competition may order additional play-off or a re-vote of a panel of judges.
- a competitor who is not ready to fight (is not wearing a complete set of personal protectors) within 1 minute from reading his name by the announcer may be disqualified by the mat referee's decision.
- impolite and offensive behavior of the contestant (and also of people who are accompanying him/her and of coaches) towards any person present in the sports hall during the competition may result in awarding the player with so-called penalty points or in full disqualification - total removal from the list of the tournament participants.

Parents' consent to participation of a child in contact fights during

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Góra Kalwaria (Poland), 04.04.2020

I consent to participation of my child:

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(name and surname of competitor) (birth date of participant)

2 TH TOURNAMENT OF KARATE KYOKUSHIN "PUCHAR BURMISTRZA GÓRY KALWARII" 04.04.2020

in karate kyokushin semi-contact kumite competition (a contact fight in protectors with using full strength of kicks and punches). I declare that I know rules of fights and applying regulations and I accept a risk attached to a participation of my child in the sports competition. I consent that all reproductions of my person or my child, created with regard to the tournament can be used in any form and way by UKS FIGHTERS DOJO GÓRA KALWARIA – including the sales of materials with an image of me/my child and copying the images with application of every available technique and method, distribution and publication, also with images of other people recorded as part of actions aiming in promotion and publicity of karate kyokushin and other actions of UKS FIGHTERS DOJO GÓRA KALWARIA which are in accordance with the club's statute. An image of me/my child cannot be used in offending for me /my child form or publication or breach in other way my/ my child's personal rights. I also declare that on the day of the tournament my child will have an ID card with a photo, a full set of personal protectors, which is required for child's category, and a valid medical certificate (not older than six month), issued by a sports doctor, that allows to practice karate.

The statement cannot be changed orally

.....
Place, date

.....
signature of parent (legal guardian)